



Rayat Shikshan Sanstha's,

Yashwantrao Chavan Mahavidhyalaya, Pachwad

Sports Department Annual Report 2021-2022

Department of sports organized various activities and students participated in the various tournaments like cricket, wrestling, athletics etc. in the academic year 2021-2022. For the sake of health and hygine our department always conducted various activities like celebration of International Yoga Day. The following students participated in various activities at the zonal and interzonal level:

| 201141 | level. | Class | Name of the | Level | Rank |
|--------|---------------------|-----------|--------------------------|-------------|------|
| Sr. | Name of the student | Class | Event | 7 1 | II |
| No. | Makarand Pavashe | B. A. III | Wrestling Griko | Zonal | 11 |
| | | | Roman | | |
| | | D A III | (82Kg) Wrestling | | II |
| 2 | Makarand Pavashe | B. A. III | Griko Roman (82Kg) | Inter-zonal | |
| 3 | Pruthviraj Wadkar | B. A. I | Wresting | Zonal | I |
| 4 | Pruthviraj Wadkar | B. A. I | Wresting | Inter-Zonal | II |

Our department organizes International Yoga Day on 21st June, 2022 for students and staff. The Chief Guest of the programme was Hon. Dr. Shital Manish Inamdar Homeopathic consultant, Evaluator Dietician and Yoga Trainer. She had very effectively guided the staff and students of our college. She had given guidance of hygiene and health also.



Principal,
Yashwantrao Chavan Mahavidyalayo
Pachwad, Tal. Wai, Dist. Satara

"INTERNATIONAL YOGA DAY 21ST JUNE 2022"

Rayat Shikshan Sansthas, Yashwantrao Chavan Mahavidyalaya, Panchwad has celebrated World Yoga Day on 21st June 2022 in the campus of College. Event was started at 9.00 A.M. All the teaching and non teaching staff members were present in this event. Initially Prin. Dr. Sou. Prathiba Gaikwad delivered Inaugural Speech and welcomed all the participants and explained the importance of Yoga for healthy life. Dr. Shital Inamdar Madem clarified the objectives of the Programme and celebration of International Yoga Day

Whole event was divided in to 6 parts as follows:

In the first part shloka was recited for two minutes.

Second part included warming up session for relaxation (neck, shoulder etc.)

- a) Yogasan (standing position) was performed, which included Tadasan, Vrikshasana, Padhastasan, Ardhchakrasan and Trikonasan.
- b) Yogasam(seated position) was done, which included Bhadrasan, Shanshakasan, Urdhstrasan and Vakrasan.
- c) Yogasam (stomach position) which included Bhujangasan, Shalabhasan and Makrasan was done.
- d) Yogasan (laying down position) including Srtubandh Sarvangasan, Pavanmuktasan and Shavasan were performed.

In fourth part we have performed 3 rounds of Kapalbhathi.

5th part includes Pranayam for 5 minutes.

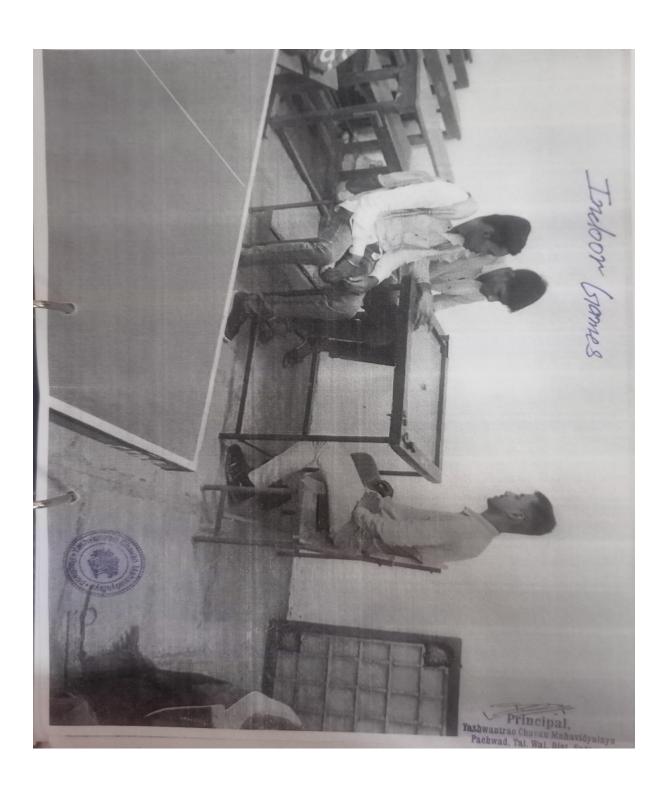
And in last 6th part, we all had Dhyan - Murd assession for 6 minutes. All participants felt relaxed and fresh completing Yoga session. All are agree to make this as routine practice. We are very much thankful to our Prime Minister Shri. Narendram Modi to take such kind of Initiative. As yoga is good for all and it cures all types of diseases. Finally all students and staff had left campus after taking pledge to keep mind in balanced position and to complete our task/ liability towards World's unity, health, society, work, family and ourselves.

Shri Dattatray Gaikwad



Principal Yashwantrao Chavan Mahavidyalaya Pachwad, Tal. Wai, Dist. Satara.







Rayat Shikshan Sansth's

YASHWANTRAO CHAVAN MAHAVIDYALAYA, PACHWAD

TAL – WAI, DIST – SATARA

CULTURAL COMMITTEE REPORT

(2021-2022)

During the year 2021-2022, following events were conducted by the cultural committee of our college

| No | Event Name | Date | Participant | |
|----|---|---------------------------|-------------|--|
| 1 | 134 th Karmaveer Jayanti Online Lecture Guest – Mr. Sujit Jagdhane | 25 th Sep 2021 | 122 | |
| 2 | Slogan Competition | 25 th Sep 2021 | 34 | |
| 3 | Rangoli Competition | 24 th Sep 2021 | 37 | |
| 4 | Photography Competition | 28th Sep 2021 | 30 | |
| 5 | Vachan Prerana Din | 15 th Oct 2021 | 67 | |
| 6 | Discussion –Azadi ka Amrut Mahostav | 6 th Dec 2021 | 60 | |
| 7 | Rayat Shikshan Sanstha's President's Sharad Pawar Birthday – Essay Writing Competition | 15 th Dec 2021 | 34 | |
| 8 | Ninad Bhittipatrak | 1st Jan 2022 | 57 | |
| 9 | Marathi Signature Competition | 3 rd Jan 2022 | 62 | |
| 10 | Birth Anniversary of Savitribai Phule – Poster Exhibition Competition | 4 th Jan 2022 | 70 | |
| 11 | Hand Writing Competition | 5 th Jan 2022 | | |
| 12 | Honoring Journalists Program | 7 th Jan 2022 | 2 | |





| 13 | Poem reading Competition | 10 th Jan 2022 | 65 |
|----|---|-----------------------------|-----|
| 14 | National Voter day Rangoli Competition | 25 th Jan 2022 | 68 |
| 15 | Birth Anniversary of Yashwantrao Chavan Chief Guests – Nilesh Dhere | 12 th March 2022 | 58 |
| 16 | Traditional Day | 29 th April 2022 | 135 |
| 17 | Shahu Maharaj Century year Lecture – Mr. Ferozkhan Jamadar | 5 th May 2022 | 74 |
| 18 | Shivarajyabhishek day Lecture – Dr. Rajendra Deshmukh | 6 th June 2022 | 65 |
| 19 | National WEBINAR Role of Social media in Reading Culture Azadi ka Amrut Mahotsav and Birth Anniversary of Dr. S. R. Ranganathan | 12 Aug 2022 | 111 |

Instead of these programmers. We celebrated following events on college level.

- 1) Independence Day on 15/08/2021
- 2) Birsa Munda Jayanti 15/11/2021
- 3) Santaji Jagnade maharaj Jayanti 8/12/2021
- 4) Republic day on 26/01/2022
- 5) Yashwantrao Chavan Jayanti 12/03/2022
- 6) Maharashtra day 1/05/2022



Yashwantrao Chavan Mahavidyalaya Pachwad, Tal. Wai, Dist. Satara.



Forwarded



- 1. Rangoli Competition
- 2. Oath on Voter's Day